

From: Nate natesan [<mailto:nateindks@hotmail.com>]
Sent: Tuesday, April 05, 2016 9:13 AM
To: Tom Adams
Cc: sweeney@cde.ca.gov
Subject: FW: CA text book controversy about Hindu history

Dear Tom Adams,
Deputy Superintendent of Curriculum
California Board of Education

Sir:

Forwarding an email sent to SBE, California.

I am too small a fry to make any kind of representation, but sending you in a nut shell what Hinduism is all about

The Hindu philosophy is contained in what we call Vedanta, Upanishad including the Bhagwad Gita

The central theme of Hinduism is to evolve

I share the document of Self-Introspection with people of all faith including perfect strangers, at public places.

Share with all Hindus at temples and facebook and other social media.

It is considered as a message of peace by many as it transcends religion, nationality, culture, race, gender and all man made barriers.

Self-Introspection and path to **evolution and enlightenment**

1) Release me from the never-ending chain of desires

So I may live in peace with Absolute contentment

2) Free my mind from the darkness of lust

And fill my soul with the light of divine Love

3) **Let me not live to eat & indulge in the unreal outer shell**

Eat but to live, evolve and realize my Real Inner Self

4) Let me not use words as missiles that injure

Use them but gentle sparingly for comfort & cure

5) Let me not forget my brittle dwelling of glass

So throw not I stones wherever I glance

6) Enlighten my mind with the knowledge of thee

And releasing the weight that scholarship brings

7) Detach my Self from the bondage of my ego

So differentiated am I no more

8) Let good tidings of others forever bring joy unqualified

And merge my soul with that of one & all

9) Inspire in me the sense of surrender at thy Lotus Feet

So sorrow not I see, but your dance to stay on my feet

10) Let me not do any work for rewards & fame

But let every act be dedicated to thy Name

11) Help me eliminate the chatter in my mind

So I stay connected with thy Name on my mind

12) Help me to enrich & protect my subjective mind

To filter & deflect the objective mind
13) Help me to manage attractions and repulsions
So I stay balanced, detached and ever in bliss
14) When you finally grace me to thy shore
Let me please come with my friends galore
By Nate Natesan
(678) 372-8581

From: nateindks@hotmail.com
To: sbe@cde.ca.gov
Subject: CA text book controversy about Hindu history
Date: Mon, 4 Apr 2016 16:26:58 +0000

To SBE, California

Like any other religion Hinduism originally known as Sanatana Dharma stands or human evolution beyond the physical evolution to evolution of the mind believing that every human being is capable of attaining the status of a saint say Mother Teresa . The Hindu philosophy is contained in what we call Vedanta, Upanishad including the Bhagwad Gita

The central theme of Hinduism is to evolve -

"Let me not live to eat & indulge in the unreal outer shelf

Eat but to live, evolve and realize my Real Inner Self" (Please see below my prayer seeking help and strength to evolve)

The following hymn

Asato maa sad gamaya

Thamaso maa jyotir gamaya

Mrutyo maa amrutam gamaya

Om shanthi, shanthi, shanthi Om moksha,

May the Lord bless you with Light and Knowledge, thus helping you to shed the darkness (avidya, ignorance) and you recognize this unreal egoistic world (asat) for what it is. With knowledge you will be able to appreciate the real world when knowledge removes the self imposed veil of ignorance or maya. That will be the D day, a real D Day when we are liberated from this samsara or ocean of birth and death and attain moksha, real freedom and be one with Brahman (Hindu God) , Allah or Father. Only by the grace of God, does one get a human birth the sole purpose of which is to attain liberation from fear or moksha.

Maa in this hymn is not mother, it is like word No. This hymn says Say No to asat or the world of ego and embrace the world of God, Say no to avidya, thamas or ignorance and google for Light or knowledge Say No to fear and fear of death to embrace Nirvana. God bless you and your family.

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